

# THE SHAPE OF THINGS TO COME



erra core

## Humans are social by nature- The Terra Core is effective by Design...



"Without a doubt the Terra core is the most versatile piece of equipment I have ever used, it offers so many possibilities, mental and physical plateaus are a thing of the past. Group -X will never be the same" -Heidi Carrigan, personal & group trainer





in action!

# THE SHAPE OF THINGS TO COME















Love it

bands, it's over 250 exercises (and counting) It is the shape of things to come. Getting in shape is just as much about staying engaged and excited as anything else. The Terra Core is virtual aerobic playground, building strength, balance agility, like nothing you have ever used. It is designed to fit the body's natural shape and provides you enough real estate to accommodate any modality you can dream of.



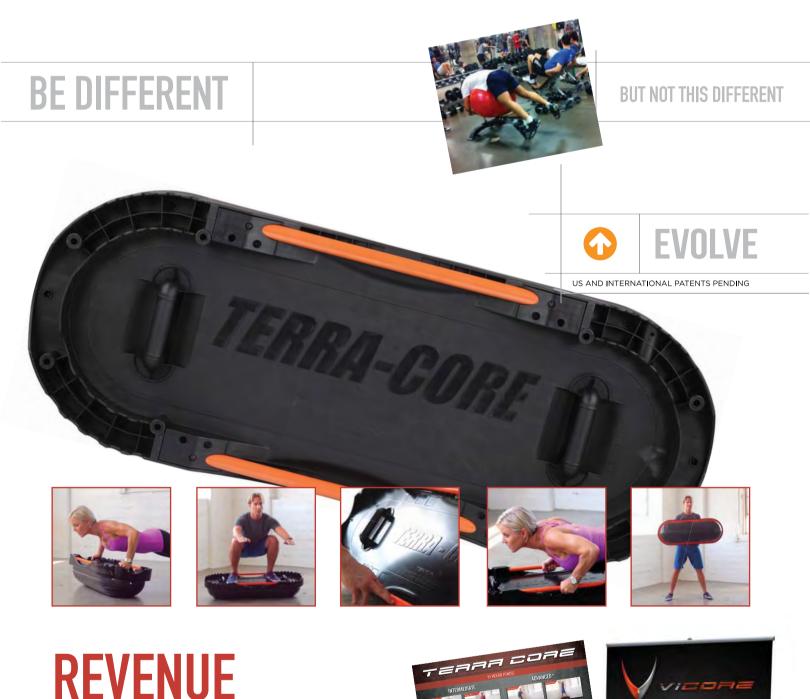












### Personal training hours Group classes Boot camps Excited members

**DISGUISED AS SCIENCE** 

- · Low investment Education
- Are we exciting you yet?
- Scan and sweat.







- Horizontal push up handles Vertical power grips (not shown)
- Band bridges
- Reactive motion surface (Highest weight capacity in the world)
- - Scan and sweat / Exercise access Step and bench features
  - The ultimate versatility tool

### Discontent has been the start of many a revolution.

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· Ergonomic shape for proper positioning